

Distance:	Direction	info	
Km	From HQ down Warf Rd to The Avenue	(or free route to Kerswell)	
0.2	L and imm L into Salisbury Rd	Cycle lane	
	L by pillar box onto path	Pillar box	
	under rail bridges to T		
0.7	Turn L (Drake Rd)		
	S.O. on to cycle track.	Barriers	
	Turn R, follow track to Penn Inn.		
2.0	Under rbt via Subways towards Torquay	Blue SP's - Torquay	
2.3	Into Addison Road past houses	follow blue signs	
	R into cycle track by church.	St.Lukes Church	
	SO at bottom of Aller Brake.	blue signs	
4.0	Turn R at T by quarry entrance	Main road	
	RBT second exit	S.P. Stoneycombe	
	RBT second exit	S.P. Stoneycombe	
5.4	R fork into Furzedown Lane		
5.8	L on bend into Greenhill Lane		
6.2	R at T into Yon St, past old Church.	Yon St.Chapel	
6.3	Turn R after crossing road bridge	No through road sign	
	Follow road and track to T	Churchway Lane	
	Turn R at T	North Whilborough	
9.1	SO into track (Windthorne Lane)	Grass triangle	
10.1	SO onto track (Tanyard Lane)	Deep gulleys and rocks.	
11.3	Turn L at T	Coombe Fishacre	
12.1	R into track	Weekaborough	
13.0	Turn R at T continue to Red Post A381		
13.6	SO at Xrds - CARE TRAFFIC!	Red Post X	Marshal
14.0	Turn R into track, and follow to:		
15.1	Turn L on track and follow to T junction		
15.7	Turn L at T		
16.4	Turn R under railway bridge.	Potholes everywhere.	
18.0	Turn L into narrow track.		
18.8	Turn L at T		
19.1	Turn R in dip	Bow X	
20.3	Keep L	Broadhempston	
21.3	Turn R on LH bend into track.	Big splash near end, not deep	
23.4	Turn R at T		
23.5	Turn L at T		
25.1	Turn L at T		
25.3	Turn R by post box.		
26.6	Turn L at T		
27.0	SO into track and downhill.	Gulleys at bottom.	
	Turn R at T		
28.2	Turn L into track		
29.4	Turn L at X		
30.2	SO at X	Metley X	
30.7	Fork L by West Ogwell sign		
32.2	Turn L - Holbeam Lane	*DEEP FLOOD eMTBs note.	
33.5	Turn L at T	Past barn and cottages.	
34.4	Turn R at T	Past lime kilns	
34.8	Turn L	West Ogwell	
35.8	Turn L into Mill Lane	on bend	
36.7	Deep Ford crossing, or concrete bridge,	Tricky gates/stile	
37.5	Turn R	Woodleigh Road	
37.9	Turn R	Barton Drive	
38.2	Turn R	Hunterswell Road	
38.3	Through gap in fence to Car Park		

FIRST LOOP AND LITE

38.4	Turn R down hill past brick buildings.		
38.5	Turn R after Music Mill.	Across parking area	
38.8	Turn L follow past ASDA and Library	Join Cycle track (arrow)	
38.6	Through bus interchange	follow cycle route and arrows	
40.2	Arrive PRO CYCLE CENTRE		
	CONTROL - REFRESHMENTS		

Distance:	SECOND LOOP		
Km	Direction	info	
	From HQ repeat morning route.	to Brunel ind. Est.	
1.4	Turn L over blue/yellow bridge	over A380	
1.6	follow gravel path to Drake Road	Drake Road	
2.3	contiune uphill along Haytor Drive		
2.7	Turn L at T	Shaldon Road	
2.8	Turn R into track	Newton gateway signs.	
3.3	Turn L into muddy lane	Hiller Lane, DCC signs	
4.1	Turn R at T		
4.5	Turn L into track and through ford	Through or past ford.	
6.3	Turn R at T	Ridge Road	
7.0	Turn L into farm track	descend for 1Km	
8.0	Turn R - track continues- zig zag.	Steep gullied sections	
8.5	Turn R at T	Coombeinteignhead	
10.0	Turn L after village P.O	Stokeinteignhead	
10.3	Turn L - no through road, past farm	Millen Lane	
10.4	Cotinue onto gravelled track	to Shaldon beacon	
11.6	Turn R at T, steep descent to main road	Commons Lane	
11.9	Turn R onto main Road A379	CARE - TRAFFIC!	
12.6	Turn R into track by layby		
12.9	Turn R into track, descends	Steep gullied at bottom	
14.2	Turn R at end of track.	S.P. Leighon	
14.3	Turn L near village hall	Stokeinteignhead	
14.4	Fork R up hill		
15.1	SO at Xrds - into lane - muddy!	Puddles and mud sections	
15.6	Continue descent	Steep and gullied neay bottom	
15.8	Keep R at end of track	Rocombe	
15.9	Turn R at T		
16.5	Fork L onto track and uphill		
17.1	Keep L and imm L on track		
17.4	Turn L at T	Ridge Road	
18.1	Turn R into muddy track	Deer Park lane, deep puddles	
18.6	Turn R at T, St. Marychurch Rd.	CARE - TRAFFIC!	
18.7	Turn L	Ridgeway Lane	
19.5	Turn R at T	Coffinswell	
20.2	Turn R by Rose Cottage	Coffinswell	
20.4	Turn L into Milber Lane		
21.8	SO at Xrds, St.Marychurch Road	CARE - TRAFFIC!	
22.0	SO at X road	Heath Park	
22.4	Turn R at T	Long Lane	
22.6	Turn L into track		
22.7	Retrace outward route back to HQ	(top of Hiller Lane)	
26.2	ARRIVE PRO CYCLE CENTRE	WELL DONE!	

SECOND LOOP

