Distance:	SECOND LOOP	
Km	Direction	info
	From HQ repeat morning route.	to Brunel ind. Est.
1.4	Turn L over blue/yellow bridge	over A380
1.6	follow gravel path to Drake Road	Drake Road
2.3	contiune uphill along Haytor Drive	
2.7	Turn L at T	Shaldon Road
2.8	Turn R into track	Newton gateway signs.
3.3	Turn L into muddy lane	Hiller Lane, DCC signs
4.1	Turn R at T	
4.5	Turn L into track and through ford	Through or past ford.
6.3	Turn R at T	Ridge Road
7.0	Turn L into farm track	descend for 1Km
8.0	Turn R - track continues- zig zag.	Steep gullied sections
8.5	Turn R at T	Coombeinteignhead
10.0	Turn L after village P.O	Stokeinteignhead
10.3	Turn L - no through road, past farm	Millen Lane
10.4	Cotinue onto gravelled track	to Shaldon beacon
11.6	Turn R at T, steep descent to main road	Commons Lane
11.9	Turn R onto main Road A379	CARE - TRAFFIC!
12.6	Turn R into track by layby	
12.9	Turn R into track, descends	Steep gullied at bottom
14.2	Turn R at end of track.	
14.3	Turn L near village hall	Stokeinteignhead
14.4	Fork R up hill	
15.1	SO at Xrds - into lane - muddy!	Puddles and mud sections
15.6	Continue descent	Steep and gullied near bottom
15.8	Keep R at end of track	Rocombe
15.9	Turn R at T	
16.5	Fork L onto track and uphill	
17.1	Keep L and imm L on track	
17.4	Turn L at T	Ridge Road
18.1	Turn R into muddy track	Deer Park lane, deep puddles
18.6	Turn R at T, St. Marychurch Rd.	CARE - TRAFFIC!
18.7	Turn L (says Road Closed but OK)	Ridgeway Lane
19.5	Turn R at T by Linney	Coffinswell
20.2	Turn R by Rose Cottage	Coffinswell
20.4	Turn L into Milber Lane	
21.8	SO at Xrds, St.Marychurch Road	CARE - TRAFFIC!
22.0	SO at X road	Heath Park
22.4	Turn R at T	Long Lane
22.6	Turn L into track	
22.7	Retrace outward route back to HQ	(top of Hiller Lane)
26.2	ARRIVE PRO CYCLE CENTRE	WELL DONE!

KEY:	
R/L	Right / Left
SO	Straight on / over
RBT	Roundabout
SP	Sign Posted
Χ	Crossroads
TL's	Traffic Lights